

Breakfast:

Sept 2010 more or less:
1€ = 55php 1\$ 43php

EUROPEAN P 345,-

- home-made bread, bun or croissant
- butter and jam
- cold cuts assorted
- 1 eggs, any style
- seasonal fruit or fruit juice
- brewed coffee or tea

AMERICAN P 345,-

- 2 eggs, any style
- Bacon or Ham
- Butter and Jam
- cheese
- seasonal fruit or fruit juice
- brewed coffee or tea

PANCAKES P 275,-

- crêpes-style with fresh fruits
- seasonal fruit juice
- brewed coffee or tea

SANDWICHES P 345,-

- Sandwich of your choice with home-made bread.

MUESLI P 300,-

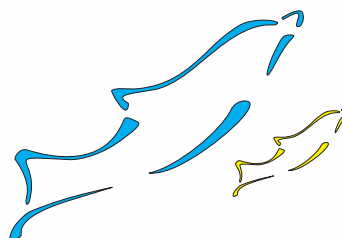
- Muesli with yogurt and fresh fruits,
- seasonal fruit juice
- brewed coffee or tea

- Bacon and cheese or
- Tuna or
- Ham and cheese or
- Omelette sandwich or

ASIAN BREAKFAST P 345,-

- Fried rice or fried noodles with meat and vegetables and plain omelette topping
- seasonal fruit or fruit juice
- brewed coffee or tea.

- seasonal fruit or fruit juice
- brewed coffee or tea.




Dolphin House

White beach divers

Resort - SPA - Watersports

www.dolphin@moalboal.net

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In between snacks

From 11:30 am to 5:00 pm

Sandwiches

With our delicious home-made Bread

- Bacon-Egg sandwich P 190,-
- Cheese sandwich P 180,-
- Bacon & Cheese sandw. P 180,-
- Tuna sandwich P 180,-
- Chicken sandwich P 180,-
- Ham & Cheese sandw. P 190,-

Omelette with bread

With our delicious home-made Bread

- Plain omelette P 210,-
- Tomato/Onion omelette P 220,-
- Ham omelette P 230,-
- Cheese omelette P 210,-

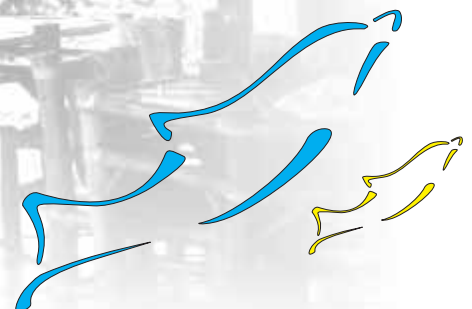
Pancakes

European "crepes"-style, 2 pcs.

Or

Filippino style 1 cm thick pancake, 1 pc

- Mango pancake P 180,-
- Banana pancake P 170,-
- Pineapple pancake P 180,-
- Mixed fruit pancake P 180,-



Lunch

From 11:30 am to 4:00 pm

Salad-meals

Chicken salad Dolphin-House P 440,-
Big mixed salad with chicken breast and mango strips, garlic bread

Tuna salad P 440,-
Big mixed salad with Tuna flakes, ham, pineapple and garlic bread

Neptune salad P 500,-
Big mixed salad with various sea foods and garlic bread

Dolphin-House Specials

"Friture Luxembourgoise", Sardines P 400,-
Deep fried small fish (boquerones -Style) with aioli- garlic sauce, Belgian fries and salad.

Fish escabeche +-250 grams P 440,-
Cebuano style sweet and sour fish with vegetables and plain rice

Fried fish +-250 grams P 430,-
garlic sauce-aioli, green salad and plain rice or Belgian fries

Chili king prawns +-300 grams P 530,-
prawns in chilli sauce with garlic rice or Belgian fries

Chicken curry P 440,-
Thai style, with vegetables in coconut milk and plain rice

Vegetable curry P 375,-
Madras style with coconut milk and plain rice

Cebuano pancit special P 375,-
fried rice noodles with meat, fish, shrimps and vegetables

Ginisang kan-on P 375,-
fried rice Cebuano style with -rat ears- (tree mushroom) meat, fish, shrimps and vegetables.

"Menneken Pis", drumsticks P 455,-
Chicken drumsticks in bread crumbs with Belgian fries and vegetable salad served with mayonaisse and tomato ketchup

Spaghetti P 430,-
Spaghetti Bolognese Dolphin-House style with garlic and ginger, served with garlic bread or, Spaghetti Marinara / seafood

Soup

Soupe à l'ognoin P 200,-
French style onion soup with garlic bread cubes and cheese

Tomato soup P 200,-
Fresh tomato soup with cream and cheese, garlic bread

Pumpkin-Squash soup P 200,-
Pumpkin soup with coconut milk and garlic bread or plain rice

Sotanghon soup P 180,-
Asian style vegetable soup with soya noodles, meat and garlic bread or plain rice

Tom-Yum soup P 245,-
Asian style sour soup with seafoods and coconut milk served with garlic bread or plain rice



Dinner P 910,-

MONDAY

- Sotanghon, noodle soup with vegetables
- Sate of pork, chicken and fish with peanut sauce, papaya salad and fried rice
or
- Pork chop with champignons in cream sauce with Belgian fries
or
- Gado-Gado, steamed vegetables with peanut sauce
- Leche-Flan with pinapple pcs.

TUESDAY

- Tomato Soup
- Spicy oriental pork and spiral noodles
or
- Spaghetti Bolognese, Dolphin-House style with garlic and minced ginger
or
- “Crspy-Fry”, noodles, top with tofu and egg
- Dolphin-House Mango Float

WEDNESDAY

- Spring rolls Cebuano style, home made with hot sauce
- Fisherman´s plate, fried vegetables and garlic rice.
or
- Big Dolphin-House salad with chicken breast and mango strips
or
- Mixed vegetables with coconut milk
- Fried banana with honey

THURSDAY

- Fish Kinilaw, fish salad in coconut milk with boiled potato
- Pork adobo with mashed potatoes
or
- Fish escabeche with vegetables and plain rice
or
- Vegetarian copsuey with tofu
- Maja blanca with seasonal fruit

FRIDAY

- Pumpkin /squash soup
- Thai chicken curry with vegetables and plain rice
or
- Madras fish curry with vegetables and plain rice
or
- Thai vegetable currywith tofo
- Chiffon cake with coffee or tea

SATURDAY Buffet night

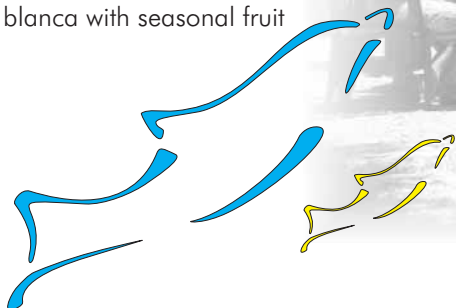
- Onion and Mushroom or chicken kamungay soup
- Filipino and Cebuano specialties
- Seasonal fruits

SUNDAY Indian night

- Dal soup, mongo beans in coconut milk
- Tandoori chicken with eggplant curry and Indian style fried rice
or
- Fried fish with aioli, Belgian fries and green salad
or
- Indian vegetable curry with tofu
- Ice cream with fruits

Notice:

- Dinner will be served at 7 pm
- In case some ingredients are not available, dishes may be adjusted.



Dinner - B P 910,-

MONDAY

- Chicken Meat Soup with Vegetables
- Special Fries Noodles
or
- Salad A La Provence
or
- Gado-Gado, Steamed Vegetables with Peanut Sauce
- Gingered Pineapple

TUESDAY

- Onion Soup
- Pizza Mista
or
- Spaghetti Marinara
or
- “Crspy-Fry”, Noodles, Top with Tofu and Egg
- Mango Float

WEDNESDAY

- Steamed Green Papaya Surprise with Hollandaise Sauce
- Calamares Steak
or
- BigRendang Sapi (yellow beef curry) with Boiled Potato
or
- Mixed Vegetables with Coconut Milk
- Halo - Halo

THURSDAY

- Minced Tuna with white Bread Toast
- Nasi Goreng (yellow fried rice with meat and sea foods)
or
- Chicken Adobo with Plain Rice
or
- Vegetarian Chopsuey with Tofu
- Banana Split

FRIDAY

- Tom Yum Soup
- Indian Style Fried Fish with Mango Masala and Plain Rice
or
- Green Pork Curry
or
- Red Thai Vegetable Curry
- Pancake Surprise

SATURDAY Buffet night

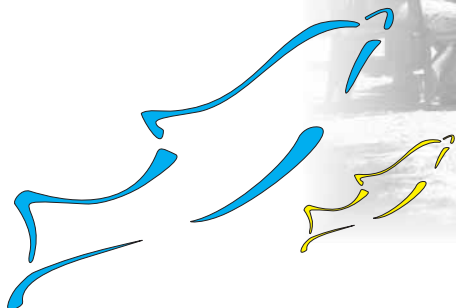
- Onion and Mushroom or chicken kamungay soup
- Filipino and Cebuano specialties
- Seasonal fruits

SUNDAY Indian night

- Mixed Vegetables - Indian Platters
- Breaded Fish Fillet with Belgian Fries
or
- Chicken Afritada with Plain Rice
or
- Indian Vegetable Curry with Tofu
- Scoops of Ice Cream

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Dessert - Ice Cream

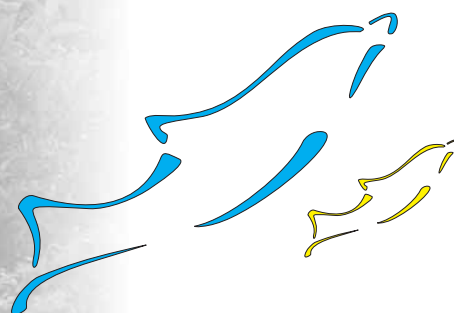
Dessert

- Fresh fruit salad P 170,-
- Fried bananas, 2 pcs with honey P 150,-
- Fried pineapple, 3 slc. with Honey P 150,-
- One whole Mango P 50,-
- One whole pineapple P 130,-
- One apple P 40,-
- One orange P 40,-
- Slice of water melon P 40,-

Ice cream

due to frequent brown-outs not always available

- Halo-Halo,
Philippine style ice cream with fruits, chips, nuts etc. P 170,-
- Banana split,
vanilla ice cream,
split banana and hot chocolate sauce P 190,-
- Dolphin-House Muesli-Frost,
mixed seasonal fruits, Muesli, ice cream, Ningning (coco-coffee liquor) P 200,-
- Crepes delight,
French style pancake with mango strips and ice cream and one shot of Rum P 200,-



Drinks

FRESH FRUIT JUICE

- Calamansi, fresh lemon drink P 90,-
- Pineapple or mango P 115,-
- Banana juice P 91,-
- Fresh young coconut P 105,-
- Fresh "old" coconut P 105,-
- Cala-Mango, mixed calamansi-mango P 105,-
- POC, mixed Pineapple-Orange-Calamansi P 130,-

BEER

- San Miguel Premium 0,3 P 105,-
- San Miguel Pilsen 0,3 P 75,-
- San Miguel Super Dry 0,3 P 90,-
- San Miguel light 0,3 P 90,-
- Cervesa negra 0,3 P 90,-
- Red Horse dark strong beer 0,5 P 100,-

SOFT DRINKS

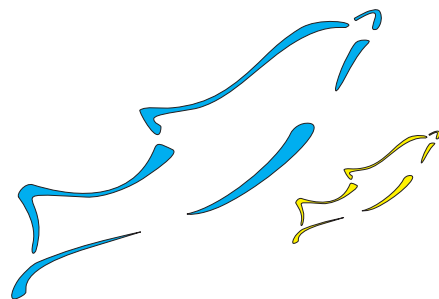
- Coke, Sprite, Lift P 40,-
- Coke or Sprite light in can P 60,-
- Gatorade P 90,-
- Classic ice tea P 50,-
- Flavored ice tea P 75,-
- Schweppes Soda water P 90,-
- Schweppes Tonic water P 90,-
- Calamansi-Soda P 60,-
- Cali, pineapple soda drink P 60,-
- Mineral water, 1 liter P 80,- / 1,5 liter P 85,-
- Mineral water, 1,0 Liter refill P 50,-
- Mineral water, 1,5 Liter refill P 65,-

MILK SHAKES

- Banana, papaya or coconut P 155,-
- Papaya-Coconut mixed shake P 170,-
- Mango or pineapple P 170,-
- Mixed fruit shake P 180,-

WINE

- White wine, bottle assorted, ask the waiter
- Red wine, bottle assorted, ask the waiter
- White wine glass P 180,-
- Red wine glass P 180,-



Cocktails

Ningning! P 130,-
Dolphin-house special !!!

Blue Jobcolada P 205,-

Flavoured Daiquiri P 205,-
Watermelon, Strawberry, Currant

Mai Tai P 170,-

Spicy Luzeetah P 170,-

Extreme Orgasm P 170,-

Flavoured Martini P 140,-
Watermelon, Strawberry

Pinacolada P 205,-

Tequila Sunrise P 170,-

Sex on the Rocks P 205

Flavoured Margarita P 180,-
Watermelon, Strawberry, Currant, Blue Curacao

Classic Margarita P 180,-

Caipirinha P 180,-

Hot Shot P 170,-
vodka, lime, tabasco and...

Aperitifs & Long Drinks

Mango Tonic P 150,-
Campari Orange P 200,-
Campari Tonic P 190,-
Pastis, Pernod, Ricard P 190,-
Tequila Sunrise P 170,-
Gin Tonic P 125
Gin Mango Tonic P 190,-
Rum Coke P 65,-

Mocktails

Non alcoholic cocktails

Jungle juice P 170,-

Royale Mocktail P 140,-

Sexy Dolphin P 140,-

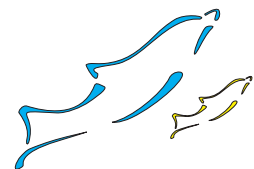
Dolphin Paradise P 120,-

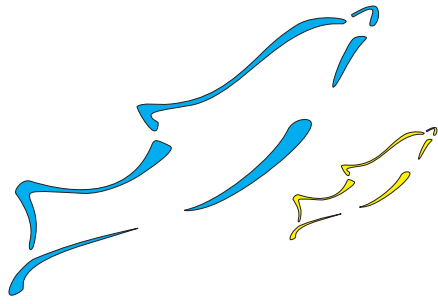
Sun Cooler P 120,-

Sherly Temple (choose your flavour) P 130,-
Strawberry, Blue Curacao, creme de Menthe,
Watermelon, Green Apple or Cucumber

Spirits

Superior Rum, 4cl P 90,-
Rum 15 yrs. Old aged in wood 4cl P 125,-
Tequila gold 4cl. P 125,-
Gilbey's Gin 4cl. P 100,-
Toska Vodka 4cl. P 100,-
Baileys 4cl. P 210,-
Baileys 2cl. P 140,-
Sambuca 4cl. P 170,-
Anis (local, Philippines) 4cl. P 115,-
Martini Sweet or Dry 6cl P 185,-
Cognac (Hennessey or Remy Martin) 4cl. P 185,-
Whisky Cutty Shark or Ben-More 4cl. P 120,-
Whisky Johny Walker Red Label 4cl. P 155,-
Whisky Johny Walker Black Label 4cl. P 210,-
Whisky Ballentines Blue Label 4cl. P 210,-





Coffee drinks

Cold Drinks

Iced Cafe Latte P 155,-

Iced Mocha P 165,-

Iced Caramel Mocha P 165,-

Ice White Mocha P 185,-

Iced Chocolate P 130,-

Frappuccino Blended

Mocha Frappe P 180,-

Caramel Frappe P 180,-

White Mocha Frappe P 180,-

Cookies and Cream P 190,-

Hot drinks

Espresso P 65,-

Doppio (double espresso) P 90,-

Freshly Brewed Coffee P 90,-

Macchiato P 100,-

Cappuccino P 130,-

Café Latte P 115,-

Café Mocha P 150,-

Caramel Latte P 150,-

White Café Mocha P 150,-

Flavored Café Latte P 150,-

Hot Chocolate P 115,-

